



Good news!



Family Respite Care Services is partnering with Rock Hour Community to offer all volunteers an additional reward for volunteering.

In addition to knowing that you're making a difference in people's lives and in our communities, you can earn Time Bank credits ("hours")! You earn credits for helping members (including Family Respite Care Services), and then you redeem those credits from other members, for services you need.

Rock Hour Community is the TimeBank in Rock County. Time banking is basically a community-building exchange which values each person's TIME equally. Some people call it "an organized system to pay it forward." You might give 2 hours of your time helping someone navigate a website. You then redeem 2 hours from another member to help you clean out your garage. (Services are hypothetical; your skills and talents are what you offer; you redeem time from another member to fill your needs.) (We enjoy brainstorming with people to help discover what you might exchange!)

Sign up by completing the attached application, or start the process online at

RockHourCommunity.org

Questions or Problems? Please call me (Darsha Olsen (Norman)) at 608-290-6057, or darshakay@hotmail.com



Good news!



Family Respite Care Services is partnering with Rock Hour Community to offer all volunteers an additional reward for volunteering.

In addition to knowing that you're making a difference in people's lives and in our communities, you can earn Time Bank credits ("hours")! You earn credits for helping members (including Family Respite Care Services), and then you redeem those credits from other members, for services you need.

Rock Hour Community is the TimeBank in Rock County. Time banking is basically a community-building exchange which values each person's TIME equally. Some people call it "an organized system to pay it forward." You might give 2 hours of your time helping someone navigate a website. You then redeem 2 hours from another member to help you clean out your garage. (Services are hypothetical; your skills and talents are what you offer; you redeem time from another member to fill your needs.) (We enjoy brainstorming with people to help discover what you might exchange!)

Sign up by completing the attached application, or start the process online at

RockHourCommunity.org

Questions or Problems? Please call me (Darsha Olsen (Norman)) at 608-290-6057, or darshakay@hotmail.com